

LIVE WEBINAR



DEVELOPING RESILIENCE

06
MARCH
2021


the science of mastering life's challenges

In conjunction with



1st Half Webinar Session

2nd Half Webinar Session

TIME	TENTATIVE AGENDA & TITLE	PROPOSED SPEAKERS
AM 7.30 – 8.20	Participants log in	Webinar Technical
8.21 – 8.30	Webinar opening & house Keeping rules	Nadiah Hanim - Webinar Host Vice President of Malaysia Rare Disorder Society & Programme host for BERNAMA News Channel 
8.31 - 9.15	How to promote resilience in rehabilitation medicine	Dr. Kavitha Uma Ratnalingam Consultant Rehabilitation Physician Resident, ReGen Rehab Hospital, Selangor, Malaysia 
9.16 – 10.00	Glass is always half full: Educating excluded learners in inclusive classroom in Malaysia	Professor Dr Umesh Sharma Associate Dean (Equity and Inclusion), Monash University, Melbourne, Australia 
10.01 – 10.45	Mental rehab & bouncing mind	Dr Amalia Madihie Deputy Dean for Industry & Community Engagement Faculty of Cognitive Sciences & Human Development, UNIMAS Sarawak, Malaysia 
10.46 – 11.00	Recharge with Regen Rehab	Home Exercise Video
11.01 – 11.45	How to cope with the 'new normal': Strategies and evidence	Dr. Tan Kok Wei Lecturer in Psychology University of Reading Malaysia, Johor, Malaysia 
11.46 - 12.30	Psychological Insights into how you can enhance your individual and collective resilience for a more sustainable and just way of life	Dr Glenn Williams Principal Lecturer in Psychology (Internationalisation & Employability), Nottingham Trent University, Psychology Department, School of Social Sciences, Nottingham, England 
PM 12.31 – 1.30	ONE HOUR BREAK TIME Let's play some games	Nadiah Hanim - Webinar Host
1.31 – 2.15	Social inclusion; where are we now, where are we going and what are the barriers. "Postcards" from Poland	Professor Dr Anna Odrowaz-Coates Head of UNESCO / Janusz Korczak Chair in Social Pedagogy, The Maria Grzegorzewska University, Warsaw, Poland 
2.16– 3.00	Panel Discussion & Closing	Nadiah Hanim - Webinar Host

* The agenda is subject to change without prior notice.