

KUALA LUMPUR CITY DAY HALF MARATHON 2023



1) **IMPORTANT ANNOUNCEMENT**

- 1.1 The venue is in Dataran Merdeka, Jalan Raja Kuala Lumpur. But cars can be parked at the Dataran Merdeka underground car park (Free Parking).
- 1.2 Kindly take note of the starting times.

2) **RACE KIT COLLECTION**

You are to collect the above from **OCM Indoor Sports Complex 2nd Floor, Wisma OCM, Jalan Hang Jebat, 50150 Kuala Lumpur. On 3 – 4 March 2023 (Friday & Saturday) from 10.00am – 6.00pm.**

3) **CHECK-IN PROCEDURES**

Gathering time and Starting times are as follows:-

GATHERING TIME	STARTING TIME	DISTANCE	CATEGORY
5.00am Onwards	5.30am	Half Marathon (21.0975km)	A, B, C, D
6.00am Onwards	6.30am	10km	E, F
6.30am Onwards	7.00am	5km	G

4) **ENTRY INTO THE STARTING AREA ENCLOSURES**

- 4.1 Announcements will be made for which category to come forward to the starting line. (Starting Enclosures).
- 4.2 Anyone who is without the allotted numbers which carries the chips will not be allowed to take part for categories A to F.
- 4.3 For Category G number without Chips will be issued but please be in time to entry the enclosure at the Starting Point.
- 4.4 If you need assistance please inform the information centre.

5) **NUMBERS BIBS**

5.1 The colour of your number bib and the category that you're participating are as follows.

CODE	CATEGORY	DISTANCE	Colour
A	Men Open	Half Marathon (21.0975km)	Yellow B/G Black Num.
B	Women Open	Half Marathon (21.0975km)	Yellow B/G Black Num.
C	Men (Malaysian)	Half Marathon (21.0975km)	Yellow B/G Black Num.
D	Women (Malaysian)	Half Marathon (21.0975km)	Yellow B/G Black Num.
E	Men (Malaysian)	10km	Red B/G Black Num.
F	Women (Malaysian)	10km	Red B/G Black Num.
G	Fun Run (Open)	5km	Blue B/G White Num.

- 5.2 Pin your number bib prominently as high as possible and attached them to the front of the Runners' Tee with the safety pins that have been provided. Please ensure that the number bib is visible. You will be provided with personalized numbers and note late entries may not be issued with personalised numbers. Personalized Bibs are only for categories A to F.
- 5.3 Categories G will have **NO Chips** attached to the numbers.
- 5.4 Do not remove the timing device from the bib for categories, A to F.
- 5.5 Do not alter, modify, fold and crumple the bib.

- 5.6 Runners must provide the number bib to redeem the Finisher medal and goodie bags at the Finish. Failure to do so will result in unsuccessful redemption.
- 6) **PUBLIC TRANSPORTS**
It is advice able to use MRT (Merdeka Station) to get to the Bibs Collection venue located at Wisma OCM, Jalan Hang Jebat, Kuala Lumpur.
- 7) **SUBSTITUTION & NON –REGISTERED RUNNERS**
Important : Only registered runners with number bibs are eligible to take part in the race. Substitution is not allowed. You must inform us if you have a problem on this matter and we will try to assist you if possible before the Start of the race.
- 8) **TOILETS**
8.1 DBKL toilets are located opposite Royal Selangor Club for a very small entry fee.
8.2 Further more mobile toilets are also stationed not too far from the starting point.
8.3 Mobile Toilets are also stationed at the nine (9th) kilometre together with facilities for prayers.
- 9) **FINISHER MEDALS AND GOODIE-BAGS**
9.1 Finisher medals, water, goodie bag, banana and Gardenia bread will be distributed to all participants at the finish line and no claims will be entertained thereafter. The above items will be placed in the goodie-bags.
9.2 You can only redeem your goodie bag with your number bib.
9.3 You must be in person to collect them.
- 10) **FINISHER T-SHIRTS FOR THE HALF MARATHON ONLY**
10.1 Kindly be kept informed that finisher t-shirts for 21km runners will be distributed at special counter by the use of running bibs which has to be produced without fail within the quality time.
10.2 Please do queue up according to sizes as indicated in the banner placed on the counter.
- 11) **FUN RUN- 5KM**
11.1 Parents are allowed to bring their children below the ages of 7yrs for the 5km Fun Run at their own risk.
11.2 Parent must take full responsibility of their children's wellbeing, during and after Kuala Lumpur City Day Half Marathon 2023. No. registration is required for children aged below 7 years as they are not in the competition and therefore they will not be entitled for t-shirt, finisher medal, goodie bag, certificate and etc.
11.3 Organiser will not be held responsible for the safety and wellbeing of any child below the age of 7 years.
- 12) **CERTIFICATES (E-Certificates System – Categories A - G)**
You print your own E-Certificates by:-
S. O. P
12.1 Access to the results page here
(the link will give you later after the event)
12.2 Choose the event you participated in and search for your bib number/name
12.3 Click on the PDF e-cert button to download your E-Certificate.
- 13) **PARKING**
13.1 Parking around starting areas at Jalan Raja is closed.
13.2 Cars can be parked in Padang Merbok.
13.3 Cars can be parked at Dataran Merdeka underground for a nominal fee.
13.4 There are some parking bays behind Bank Rakyat.
13.5 Cars can be parked in front of JKR Headquarters.
- 14) **DRINK STATIONS**
Six (6) water stations will be set along the course for HM. Two (2) for 10km and One (1) for 5km.
- 15) **MEDICAL FACILITIES ON ROUTE AND FINISH**
15.1 Ambulances from MAHAMAS will be going around the Route with Para Medic Personals.
15.2 Ambulances will be stationed at water station with Para Medic Personals.
15.3 One Ambulance from MAHAMAS with a Doctor and Para Medic Personals will maintain a Sick Bay at the Finish.
15.4 At each Water Station two Para Medic Personals will be stationed.
15.5 Any runner with health problems, please inform medical personals on route or at the sick bay at the venue.
15.6 Any medical personals have the right to stop you from the race based on medical reasons.
15.7 Physiotherapy facilities are provided free of charge by Relive.

- 16) **LUGGAGE DEPOSIT**
- 16.1 There will be luggage deposit counter at the Venue. Participants are advised to carry minima essential for the race. All luggage's are to be collected before 10.00am the latest.
- 16.2 The organiser will not be responsible for any lost or damage, personal or otherwise to the belongings and items deposited. The organizer is also reserves the right to check any items or luggage deposited.
- 17) **RACE ATTIRE FOR PRIZE PRESENTATION**
- 17.1 Only T-shirts issued by the Organising Committee must be worn by the competitors when attending the Victory Ceremony.
- 17.2 Please follow instructions as stated in No. 16 of the entry form on awards.
- 18) **MOVEMENT AROUND THE VENUE (DATARAN MERDEKA, Jalan Raja)**
- Pleased be informed once you reach the Start / Finish area kindly remain in front of the stage for Aerobic exercises, which will be followed by announcements to proceed to the starting point by categories following reporting times indicated in the programme.
- 19) **MAP – Half Marathon (21.0975km), 10km & 5km**



20) PROGRAMME

No	Time	Programme
1	3.30am	Reporting - Committee Members
2	4.00am	Reporting - Technical Officials
3	4.15am	Briefing For Technical Officials
4	5.00am	Officials to report to their respective working area
5	5.10am	Aerobic (Warm-up session)
6	5.15am	Reporting - Participants for all categories to enter the Start Compartment
7	5.20am	Arrival of Guest of Honour
8	5.30am	Start Half Marathon (Category A,B,C and D)
9	6.30am	Start 10km (Category E and F)
10	7.00am	Start 5km Fun Run (Category G)
11	7.30am	Competitors arriving at Finishing Line
12	8.00am	Announcement of the Results (Placing 1-5 only)
13	8.30am	Awards Ceremony Followed by Lucky Draws

CATEGORY		
A	Men Open	18yrs & above
B	Women Open	18yrs & above
C	Men (Malaysian)	18yrs & above
D	Women (Malaysian)	18yrs & above
E	Men (Malaysian)	18yrs & above
F	Women (Malaysian)	18yrs & above
G	Fun Run (Open)	7yrs & above

21. LAYOUT

